

STOCK THAT PANTRY!

- Dried Beans (kidney, lentils)
- Canned tomatoes (cut, diced, halved)
- Rice (not instant)
- Boxed potatoes
- Stuffing
- Dry Ranch dressing mix
- Dry Soup mix
- Bouillon cubes or powder
- Canned Cream soups
- Broth
- Canned vegetables
- Canned fruits and fruit cocktail
- Pudding mix
- Gelatin mix
- Cake and cookie mixes
- Bread Mix
- Malt-o-Meal and instant oatmeal
- Pasta, Pasta mixes, Pasta sauces
- Condiments (Ketchup, Mustard, Mayonnaise, BBQ sauce)
- Coffee (instant and regular)
- Tea (bagged and loose)
- Jams, jellies, sauces and syrups
- Peanut butter
- Mixed nuts, trail mix
- Crackers (Saltines, Club, Ritz)
- Graham Crackers

STOCK THAT FREEZER!

- Boneless, skinless chicken breasts
- Fish fillets
- Frozen vegetables
- Frozen potatoes (hash browns, baby potatoes)
- Frozen meats such as pork chops, hamburger, turkey, whole chickens, fish